

# The Light Diabetes Organisation

Thank you for your interest in joining our programs. Please complete the following registration form to help us understand your needs and preferences. We look forward to welcoming you to our community!

## **Personal Information:**

First Name:	Last Name:
Date of Birth:	Gender:
Address:	
Street:	City:
State/Province:	
ZIP/Postal Code:	Country:
Contact Information:	
Phone Number:	Email Address:
Preferred Method of Contact:	
Phone	
Email	
Emergency Contact Information:	
First Name:	Last Name:
Relationship:	Phone Number:
Email Address:	

# **Program Selection:**

Please select the programs you are interested in: (Check all that apply)

Educational Workshops:			
Diabetes Management 101	Advanced Carbohyc	Advanced Carbohydrate Counting	
Healthy Cooking Classes	Exercise and Fitness	3	
Support Groups:			
General Support Group	Teen Support Group	Parents Support Group	
Health and Wellness Programs	:		
Nutrition Counselling	Fitness Programs	Stress Management	
Youth Programs:			
Diabetes Camps	Teen Support Groups	Educational Workshops	
Community Outreach Programs	s:		
Free Screening Events	Educational Seminars	Health Fairs	
Research and Advocacy Progra	ms:		
Research Participation	Advocacy Training	Community Advocacy	
Availability:			
How often are you available to ve	olunteer?		
Once a week	Twice a week Once	a month	
Occasionally	Other:		
Please indicate the days and tim	es you are available:		
Monday:			
Tuesday:			
Wednesday:			
Thursday:			
Friday:			
Saturday:			
Sunday:			

### **Additional Information:**

Do you have any specific goals or expectations for joining our programs?

Do you have any medical conditions or dietary restrictions we should be aware of?

Yes
No

If yes, please explain:

Are you currently under the care of a healthcare professional for diabetes?
Yes
No
How did you hear about The Light Diabetes Organisation?
Website
Social Media
Friend/Family
Healthcare Provider
Other:

### Agreement and Signature:

By signing below, I certify that the information provided in this registration form is true and complete to the best of my knowledge. I agree to abide by the policies and procedures of The Light Diabetes Organisation and to participate actively in the selected programs.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

### Submit Your Registration:

Please submit your completed registration form to: Please submit your completed registration form to: Please submit your completed registration form to:

Thank you for registering for our programs. We will review your application and contact you soon with further details. If you have any questions, please feel free to reach out to us.

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